

THE NORTH COUNTY COASTAL MEETING WILL BE JULY 10 (NOT JULY 3).



## TRANS TRAINING 101

Please join our chapter facilitators in a special event meeting on **Monday, June 26 at 7:00 pm** at Jewish Family Service (JFS), 8788 Balboa Avenue, San Diego.

Kathie Moehlig, founder of TransFamily Support Services and our PFLAG SDC North County Regional Director, will guide us as we learn how to be a Trans Ally and how to be supportive to those with a family member who is transgender or gender expansive. Learn what to say and what not to say to those at our meetings who have transgender/gender expansive/non-binary loved ones. Learn what those words mean so that you can be the best ally possible.

Many times we are unsure how to support people whose loved ones are saying their gender is wrong, that they are living in the wrong body, that they don't feel like they're a boy OR a girl, that some days they want to dress in girlish clothes and boyish clothes on another day, or that they don't feel like any specific gender at all.

PFLAG has a long history of full inclusion, dating back to 1998 for everyone in the LGBTQ community. For our members and supporters, supporting family means supporting everyone, and recognizing that different people (and different topics) often require expanding our skill sets.

Kathie's presentation and discussion will be first, followed by the cookie social, and support groups. The meeting ends at 9:00 pm.

## AND STILL MORE VALUABLE TRANS INFO

Now onto good news for transgender youth. The Laurel Foundation is a year round educational support program for at-risk youth, including transgender youth. They will be hosting Camp Laurel's Transgender Summer Camp from **July 29-August 2**. This is the first free transgender camp program in the nation. It will be based on traditional camp programs, yet cater to the unique mental and physical health of youth (aged 13-17) who are gender non-conforming and transgender youth. The program helps empower transgender youth in an accepting environment, filled with volunteer transgender role models. For many of the youth, this is the first time they are truly liberated and supported to be who they are. For more info, go to [www.laurel-foundation.org/programs/](http://www.laurel-foundation.org/programs/)

## MORE VALUABLE TRANS INFO

Gender Diversity is a support and educational group whose goals include increasing the awareness and understanding of the wide range of gender diversity in children, adolescents, and adults by providing family support, building community, increasing societal awareness, and improving the well-being for people of all gender identities and expressions.

There is a focus to support families raising transgender and gender-nonconforming children and teens. They work with public and private schools K-12 to create gender-inclusive learning environments, identify measures to decrease bullying, and provide assistance with gender-transitioning students or employees.

Each year, Gender Diversity produces an annual conference called Gender Odyssey that is held in Seattle, WA. However, after much thought, they felt the need to have a Gender Odyssey in the Los Angeles area. This new endeavor will be for professions, and down the line, they will add a family conference.

Professionals who are encouraged to attend the Gender Odyssey Professional's conference include doctors, teachers, principals, therapists, school nurses, social workers, school counselors, administrators, and anyone else who could benefit from learning more. The conference is on **June 28 and 29** at the Burbank Marriot hotel. The conference is open to parents, as well. There is a charge for parents who would like to attend. The regular parent rate is \$175. There is a "could use-a-bit-of-a-break" rate of \$135. When registering, select parent/caregiver and the code at check out CAFAM25 for 25% off. The next category is for the "seriously, money is tight" rate of \$87.50, using the code CAFAM50 for 50% off. And last is "I've got bus fare and I must be there" rate which does not cost anything. When registering, use code CAFAM100. The registration site is at [www.genderodyssey.org/losangeles/](http://www.genderodyssey.org/losangeles/). Please encourage any professional who you think may be interested to attend to check out the site.

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or go online [www.pflag.com](http://www.pflag.com) (forms available)

### VISION STATEMENT

PFLAG envisions a world where diversity is celebrated and all people are respected, valued, and affirmed inclusive of their sexual orientation, gender identity, and gender expression.

### MISSION STATEMENT

By meeting people where they are and collaborating with others, PFLAG realizes its vision through: Support for families, allies and people who are LGBTQ; Education for ourselves and others about the unique issues and challenges facing people who are LGBTQ; Advocacy in our communities to change attitudes and create policies and laws that achieve full equality for people who are LGBTQ.

# Current Events

- |   |   |
|---|---|
| <b>June 19   Monday</b><br>Our Space-Poway/ Middle School                             | <b>July 8   Saturday</b><br>SheFest<br>(see article)                    |
| <b>June 21   Wednesday</b><br>UCSD Health Pride Celebration<br>(see article)          | <b>July 10   Monday</b><br>PFLAG Support Group<br>North County Coastal  |
| <b>June 22   Thursday</b><br>PFLAG Support Group<br>North County Inland               | <b>July 10   Monday</b><br>PFLAG Support Group<br>East County           |
| <b>June 24   Saturday</b><br>Frida Kahlo birthday celebration<br>(see article)        | <b>July 11   Tuesday</b><br>Our Space-Poway/ High School                |
| <b>June 26   Monday</b><br>San Diego Metro General Meeting and Support Group          | <b>July 14-16</b><br>Friday-Sunday<br>PRIDE WEEKEND                     |
| <b>June 27   Tuesday</b><br>Our Space-Poway/ High School                              | <b>July 17   Monday</b><br>Our Space-Poway/ Middle School               |
| <b>June 28-20</b><br>Wednesday-Thursday<br>Gender Odyssey Conference<br>(see article) | <b>July 20   Thursday</b><br>PFLAG Support Group<br>North County Inland |
| <b>July 3   Monday</b><br>Our Space-Poway/ Middle School                              |   |



## BE PART OF TRANS PRIDE

The 4th Annual Trans Pride celebration is the first official event of Pride Weekend. On **July 14**, from 1:00-6:00 pm, in Balboa Park at 6th and El Prado, you can be part of the fun. The event is free and family friendly. Trans folks, friends, and allies are encouraged to attend. You are welcome to bring a picnic lunch. There will be entertainment, food, and games. At 5:00 pm, there will be a march to the Hillcrest Pride Flag to join the Spirit of Stonewall Rally and Awards.

Resource tables are available for businesses/organizations that serve the trans community as well as business or organizations owned by trans folks. To complete an application, go to [www.facebook.com/SDTransPride](http://www.facebook.com/SDTransPride). It is due by **June 30**. If you would like to volunteer or need more information, contact Kathie Moehlig: [Kathie@transfamilysos.org](mailto:Kathie@transfamilysos.org) or 858-382-9156

# SUPPORT GROUPS

- SD METRO GENERAL MEETING & SUPPORT GROUP**  
Meets every 4th Monday at 7:00 pm, at Jewish Family Service, 8788 Balboa Ave, San Diego in Kearny Mesa.  
**For further information, contact the Info Line: 888-398-0006 or [www.pflag.com](http://www.pflag.com)**
- NORTH COUNTY COASTAL**  
For the July meeting, the date has been changed to July 10 (2nd Monday) @ 6:30 pm, Pilgrim UCC, 2020 Chestnut Avenue, Carlsbad.  
**Annette: 760-518-3345 | [northcountycoastal@pflag.com](mailto:northcountycoastal@pflag.com)**
- NORTH COUNTY INLAND**  
Meets the 3rd Thursday @ 7:00 pm, St. Bart's Church, 16275 Pomerado Road, Poway. New Location  
**Kathie: 858-382-9156 | [northcountyinland@pflag.com](mailto:northcountyinland@pflag.com)**
- EAST COUNTY**  
Meets the 2nd Monday at 7:00 pm, Summit Unitarian Universalist Church, 8778 Cottonwood Avenue, Santee.  
**Tiffany: 760-554-7967 | [tgonzalez@pflag.com](mailto:tgonzalez@pflag.com)**
- SOUTH BAY**  
For a private meeting for support or concern, call for an appointment.  
**Patti: 619-227-6092 | [bomanpatti@gmail.com](mailto:bomanpatti@gmail.com)**
- POWAY LGBTQ YOUTH SUPPORT/HIGH SCHOOL**  
Meets 2nd & 4th Tuesdays from 5:00-6:30 pm, Poway Library, 13137 County Highway S4, Poway. Facilitated by youth.  
**Kathie: 858-382-9156 | [info@transfamilysos.org](mailto:info@transfamilysos.org)**
- OUR SPACE-POWAY--LGBTQIA/MIDDLE SCHOOL**  
For Middle School only. Meets 1st and 3rd Mondays from 5:30-7 pm, St. Bart's Church, 16275 Pomerado Rd, Poway.  
**Kathie: 858-382-9156 | [info@transfamilysos.org](mailto:info@transfamilysos.org)**
- MI FAMILIA (Spanish)**  
Meets 2nd Monday at 6pm. For meeting info, contact:  
**Patti: 619-227-6092 | [bomanpatti@gmail.com](mailto:bomanpatti@gmail.com)**
- TRANSFAMILY SUPPORT GROUP**  
Support groups held separately for children, teens, & adults to explore topics around gender identity and expressions.  
**Kathie: 858-382-9156 | [info@transfamilysos.org](mailto:info@transfamilysos.org)**

## ALLIED IN ACTION: UNITED FOR JUSTICE

Here are events, in order of appearance, for the 43rd Pride Weekend. See separate article on the Trans Pride Celebration.

**July 14 (Friday):** Spirit of Stonewall Rally and Awards - they will be presented to individuals or groups who contribute significantly to the LGBT community through their leadership, activism, and fundraising efforts. The location for the rally is the Hillcrest Pride Flag, 1500 University Ave, Hillcrest starting at 6:00 pm. Free event.

**July 15 (Saturday):** At 9:30 am, Front Runners and Walkers will have their Pride 5K Run/Walk beginning at University Avenue at Centre Street. To register, go to: [www.frwsd.org](http://www.frwsd.org).

**July 15 (Saturday):** The Pride Parade begins at 11:00 am. It starts at University Avenue and Normal Street in Hillcrest. The route is 1.1 miles. If you have never marched in San Diego's parade, you are in for a real treat. Besides all the excitement of the event, the crowd goes crazy when PFLAG passes by. There are upwards of 100,000 spectators. And speaking of walking 1.1 miles, if you cannot walk that distance and want to ride in the parade, please contact Mike Minnick immediately. There is only one car this year. Mike can be reached at 619-804-5512 or [Minnick@san.rr.com](mailto:Minnick@san.rr.com). Free event.

After the parade (until 11:00 pm) is the Pride Festival (also **Sunday, July 16** from 11:00 am-8:00 pm), which includes multiple stages of entertainment, more than 80 musicians, bands, comedy and dance performers, 300 participating vendor booths, an art exhibit, cultural presentations, and great food! There is also a Farmers Market, Beer Garden, and Youth Zone. Most important is our PFLAG booth, located on the main drag. The festival is located at Marston

## SHEFEST 2017

SheFest is a woman-centered event that celebrates and supports the talents and contributions of women while fostering meaningful connections within the LGBT and larger San Diego community. Everyone is invited to SheFest on **Saturday, July 8** from 11:00 am-5:00 pm. The free event takes place at North Park Community Park, 4044 Idaho Street. They'll be workshops starting at 11:00, some of which are: health & wellness, self-defense, pet nutrition, and mental health. Live music starts at noon. Some of the other festivities include sports, dog fashion show, and photo booth. As always, the event will focus on uniting our communities, creating authentic connections and using our diversity to create strength. If you would like to be a part of the event, contact [www.sdpride.org/shefest](http://www.sdpride.org/shefest).

Point at 6th and Laurel in Balboa Park. All tickets are \$20 (+\$1.75 service charge if purchased online) and are good for both days of the Pride Festival. To purchase tickets: [www.sdpride.org](http://www.sdpride.org). Please note, there are no discounts for seniors or military. At the Festival, tickets are \$25.00.

**Anyone wanting to volunteer to work at the PFLAG booth at the Festival (Saturday or Sunday), please contact Mike Minnick at 619-804-5512 or [Minnick@san.rr.com](mailto:Minnick@san.rr.com).**



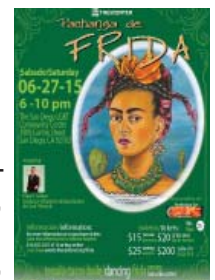
Here comes the lecture part. For the Pride Parade on Saturday, read this **BEFORE YOU LEAVE HOME!** These are suggestions that have stood the test of time: 1) get to the shuttle buses early; there are free shuttle buses from the old Balboa Naval Hospital located on Park Blvd. across from President's Way. If you are a procrastinator, now isn't the time as the buses back up and you'll be waiting in line so long that you'll miss part of the parade, 2) wear comfortable shoes, 3) put on lots of sun block, 4) wear a hat, 5) bring a camera/cell phone, 6) make PFLAG signs and bring them, 7) wear as much PFLAG/rainbow clothing and paraphernalia as you own.

**Here are a few suggestions for signs:**

Closets are for Clothes, Focus on Your Own Family, Gay Rights ARE Civil Rights, Homophobia - Now That's a Choice, I'm for the Separation of Church and Hate, Homophobia - That's SO last millennium, I'm the Pink Sheep of the Family, Love Knows No Gender, Protect Marriage. Let's Expand It, What Part of Love Don't You Understand?, We the People - that means all of us.

## FELIZ CUMPLEAÑOS , FRIDA

On **Saturday, June 24**, the San Diego LGBTQ community celebrates the birthday of Frida Kahlo, commemorating the legendary life of one of the most influential Mexican painters of the mid-twentieth century while enjoying live music, multiple art exhibits by local Latin@ artists and vendors, a Frida look-alike contest, great food and Tequila! Proceeds from this event benefit Latin@ Services at The Center! For tickets and more info, visit [thecentersd.org/Frida](http://thecentersd.org/Frida).





## UCSD MEDICAL CENTER CARES

The entire LGBTQ community and allies are invited to UC San Diego Health Celebration of Pride on **Wednesday, June 21** from 3:30-5pm.

UCSD Medical Center is the only hospital in the nation that illuminates itself in rainbow colors to celebrate LGBT staff, patients, visitors and neighbors. The lighting will take place on the 21st and is extended throughout July.

It's exciting to have as the guest speaker, California Lieutenant Governor Gavin Newsom. He has been a long-time ally and champion of the LGBT movement (he issued same-sex marriage licenses at a time when it was frowned upon). Also joining him is Mayor Kevin Faulconer and UCSD Chancellor Pradeep Khosla, along with a large contingent of elected officials and their staff members.

The event will be held directly in front of the Medical Center in Hillcrest (200 W. Arbor Drive, San Diego). The Gay Men's Chorus will be performing throughout the event and during the raising of the Pride flag in front of the hospital. There is free parking (almost unheard of in Hillcrest) across the street from the hospital on W. Arbor Drive. In order to know how many people to prepare refreshments for, please RSVP to [health.ucsd.edu/pridecelebration](http://health.ucsd.edu/pridecelebration).

## SO SAD

Remember the signs held up by LGBTQ individuals supporting Trump for president? After all, he said he would do "everything in my power to protect our LGBTQ citizens from the violence and oppression of the hateful, foreign ideology, believe me."

Besides refusing to issue a proclamation acknowledging June as Pride month as President Obama did, he was the headline speaker to a "Road to Majority" conference, an evangelical extremist gathering hosted by the homophobic Faith and Freedom Coalition.

Some other speakers at the conference included Mike Pence, Ted Cruz, evangelical author James Dobson, homophobes Pat Boone and Michael Medved. Coincidentally (I think not), all the speakers were white - not a single person of color.

As GLAAD (Gay & Lesbian Alliance Against Defamation) President and CEO, Sarah Kate Ellis, said, "While the Trump Administration tries to systematically erase LGBTQ people and families from the fabric of this nation, LGBTQ Americans and allies must do what we know best this Pride month—stay visible and march for acceptance."

It is amazing that Catholic countries around the world have a much better acceptance rate of LGBTQ communities than leaders of the U.S. For heaven's sake, Ireland's next prime minister, Leo Varadkar, is gay.

## NICOLE MURRAY RAMIREZ HONORED ONCE AGAIN

San Diego City Commissioner Nicole Murray Ramirez was elected as a National Co-chair of the National March for Equality that took place June 11 in Washington, DC.

Commissioner Ramirez, who has been a Latino and gay activist for almost half a century, holds the distinction of being the only gay activist to be elected to all six of the LGBT marches on Washington.

Ramirez has also served as a national co-chair of three national marches as well as an elected National Chair of Stonewall 25 which drew over a half a million marchers to New York. He is now involved in the organizing of Stonewall 50, set for 2019 in New York.

Currently Nicole Murray Ramirez serves on the National Board of the Harvey Milk Foundation, Chairman and CEO of the International Imperial Court System of the U.S.A., Canada, and Mexico, the Executive Director of the National GLBT Network U.S.A., and is a past State President of Equality California. We are very proud he hails from San Diego.

## WE REMEMBER THEM

On June 12, the San Diego LGBT Community Center hosted a candlelight vigil to remember, honor, and say the names of the 49 largely Latino/a/x LGBTQ individuals whose lives were lost during the Pulse Orlando massacre a year ago.

## A NEW KIND OF DISCRIMINATION

The Springfield Soccer Club (Nebraska) disqualified a team because they thought one of the players "looked like a boy." Mili Hernandez is 8-years-old and sports a short haircut. She is biologically a female and identifies as a female. Organizers of the event had questioned her gender, believing that she was, in fact, a male, even after her parents provided insurance card information. Apparently that wasn't enough for the organization who hosted the tournament.

To add insult to injury, Mili helped her team advance to the finals only to be told the entire team couldn't play in the final match.

As Mili said, "Just because I look like a boy doesn't mean I am a boy. They don't have a reason to kick the whole club out."

A local NBC affiliate reached out to the organization for comment, but they did not make a statement. Do I smell a discrimination lawsuit brewing?



## WHAT A DAY!

Equality March San Diego proved to be an exhilarating day! Since a picture is worth 1000 words, here goes!







## TIPPING POINT?

In a groundbreaking, 8-3 decision, the full Seventh Circuit Court of Appeals ruled that workplace discrimination based on sexual orientation violates federal civil rights law. The court found that such discrimination is a form of sex discrimination in violation of Title VII of the Civil Rights Act of 1964, the federal law prohibiting employers from discriminating against employees on the basis of sex, race, color, national origin, and religion. The decision—which came in Lambda Legal’s case on behalf of Kimberly Hively, an instructor at Ivy Tech Community College who was fired for being a lesbian—makes the Seventh Circuit the highest federal court to reach this conclusion and could change the national landscape of employment law for LGBT people. We can only hope!

“In many cities and states across the country, lesbian and gay workers are being fired because of who they love. But, with this decision, federal law is catching up to public opinion: ninety-percent of Americans already believe that LGBT employees should be valued for how well they do their jobs—not who they love or who they are. Now, through this case and others, that principle is backed up by the courts,” said Greg Nevins, Employment Fairness Program Director for Lambda Legal. “This decision is game changer for lesbian and gay employees facing discrimination in the workplace and sends a clear message to employers: it is against the law to discriminate on the basis of sexual orientation.”

## PFLAG THANKS YOU

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Terrie Vorono

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More acknowledgements will  
appear in the July newsletter.

"ONCE THE LAW STARTS PERMITTING EXCEPTIONS  
BASED ON 'SINCERELY HELD RELIGIOUS BELIEFS,'  
THERE'S NO END TO THE MISCHIEF AND  
DISCRIMINATION THAT WILL ENSUE."

--GEORGE TAKEI

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