



JANUARY 2021 NEWSLETTER

Individual support groups will continue to meet virtually, as well as the monthly virtual Countywide Support Group meeting. We encourage you to contact your support group facilitator at any time, as they will remain excellent resources for information. The support group locations, dates, and times will continue to be posted on the PFLAG San Diego County Facebook page. You can join in any of the digital meetings. **For Zoom links, contact each support group.**

- Countywide Support Group, admin@pflag.com (third Saturday of the month) Metro Support Group, metrosdc@pflag.com (fourth Monday of the month)
- North County Inland Support Group, RBPowaysdc@pflag.com (second and fourth Tuesdays of the month)
- North County Coastal Support Group, northcountycoastalsdc@pflag.com (first Monday of the month) **Did not meet in January - Next meeting Feb. 1, 2021**

- South Bay Support Group, southbaysdc@pflag.com (first and third Tuesdays of the month)
- East County Support Group, eastcountysdc@pflag.com (third Monday of the month) East County Support Group includes the Ramona Support Group.
- 4S Ranch/Del Sur Support Group, 4Sdelsursdc@pflag.com (second Tuesday of the month)
- Mi Familia (Spanish), cramos@thecentersd.org (second Monday and fourth Sunday of the month)
- Poway LGBTQ Youth Support Group (Our Space-Poway) for High School, al@transfamilysos.org (second and fourth Tuesdays of the month)
- Our Space-Poway For LGBTQIA Middle School, dez@transfamilysos.org (second and fourth Tuesdays of the month)
- Transfamily Support Group, contact info@transfamilysos.org
- The Gender Phluid Collective, thegpcollective@gmail.com (every Saturday)
- North County LGBTQ Resource Center Zoom meetings: Email info@ncresourcecenter.org for link:
- Come As You Are: Trans nonbinary group, all ages. Every Monday at 6 pm.
- Round Table: All gender and sexual orientations, ages 18-29. Every Thursday at 6 pm. Queer Chat: Ages 13-18. Every Wednesday at 3 pm.
- Trans Game Day: Trans nonbinary games, all ages. Every Sunday from 3 to 6 pm.
- Elder Pride: For men ages 55+. Every Friday at 11 am.

TIME TO APPLY FOR (AND DONATE TO) PFLAG SDC 2021 SCHOLARSHIPS

PFLAG San Diego County is celebrating our 24th year of offering scholarships to LGBTQ students who reside in San Diego County. The application, requirements, and other scholarship-related info are on our web site: www.pflag.com/scholarships/.

The deadline to apply is Tuesday, March 30, 2021.

We also encourage you to donate at www.pflag.com/support-our-students. All donations are 100% tax deductible (tax ID# 33-0512868) and the entire funds donated go toward the scholarships.

We appreciate you spreading the word to LGBTQ high school seniors and full-time undergraduate/graduate students to apply for PFLAG scholarships. Half-time applicants will be considered with an explanation of the circumstances that prevents them from attending full-time. A minimum of 10 scholarships will be awarded in the amounts of \$2,000 or more. Our motto is "Change a life, change the world." Please help us continue to change lives.

Due to the current health restrictions, we plan to award the scholarships virtually on June 5, 2021.

For questions, contact scholarships@pflag.com.

MEMBERSHIP SUPPORTS PFLAG LOCALLY

Part of the mission for PFLAG is to promote the health and well-being of lesbian, gay, bisexual, and transgender+ persons, their families, and friends. We are only able to offer this support, education, and advocacy through your generosity of being a member. Several ways we accomplish our goals are to provide monthly support group meetings (when they resume), an info line, newsletter, educational brochures, tabling events, tabling merchandise, and supplies for meetings.

You can renew (or become members) online, www.pflag.com/membership/ (we accept PayPal and major credit cards), or by printing and mailing the Membership Registration form below. Of course, we will gladly accept donations any time for any reason! All memberships and donations are tax deductible, tax ID# 33-0512868.

We support PFLAG National by sending \$15 of your donations to them, which provides you with membership in the national organization. Please don't renew directly with National, as no part of that benefits our San Diego chapter.

We also welcome our new membership chair, Nancy Colbert. You may contact her at ncolbert@pflag.com.



PFLAG SAN DIEGO COUNTY MEMBERSHIP REGISTRATION

- New Renewal Change of Address
 Please contact me for volunteer opportunities

Memberships are for the calendar year. A portion of your dues is sent to PFLAG in Washington, DC for membership in National PFLAG. Members will receive our monthly newsletter and National's PFLAGpole.

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|--|---------|--|-----------|
| <input type="checkbox"/> Individual Membership | \$30.00 | <input type="checkbox"/> Contributing Membership | \$125.00 |
| <input type="checkbox"/> Household Membership | \$40.00 | <input type="checkbox"/> Lifetime Membership | \$1000.00 |
| <input type="checkbox"/> Supporting Membership | \$60.00 | <input type="checkbox"/> Donation | \$_____ |

Make checks payable to: PFLAG San Diego County, P.O. Box 82762, San Diego, CA 92138
Confidentiality is respected. Your donation is tax deductible (Tax ID# 33-0512868)

Name _____ Date _____

Address _____ Phone _____

City _____ State _____ ZIP _____

E-Mail Address

THANK YOU TO OUR DONORS!

Thanks to the following who have donated to our general fund since last newsletter:

Terrie Vorono, Jim & Donna Bowersox, Tony & Lilia Villasenor, Ryan Ingrasin, Bill Patten, Maureen Steiner, Kathie Moehlig, Bryan Wildenthal, Judith Hyde, Theresa Burke, Thomas Kelem, Cathy & Chris Crosby-Schmidt, Jennifer Greenberg

HUGE THANK YOU TO TWO SPECIAL VOLUNTEERS

After serving as Membership Chairperson since 2002, **Bobbi Harwood** has stepped down from that position. She had tirelessly kept meticulous records and clocked many miles making bank deposits. She also urged people to join PFLAG SDC by sending reminders to members to renew (sometimes relentlessly!) and new people to join. Our membership has continually grown under her leadership as the membership chairperson.

In 2009 Bobbi took on the responsibility to email the newsletter and coordinated with **Linda Bessemer** to postal mail the newsletter to those who preferred to receive the newsletter that way.

Both Bobbi and Linda were past PFLAG SDC presidents, among other responsibilities. Their many years of service to PFLAG SDC is greatly appreciated and kudos to them both for a job well done. Bobbi and Linda decided to retire from their duties but will continue to support PFLAG!

DO YOU SHOP ON AMAZON? YOU CAN HELP PFLAG SD COUNTY!

If you have an account with Amazon, you can help our chapter every time you shop. Go to [smile.Amazon.com](https://smile.amazon.com) and search for PFLAG San Diego County. For every purchase, our chapter will receive .05% of the dollar amount of the order. This may not sound like a lot, but it adds up with the more people we have participating. Now that more of us are ordering online than ever due to the pandemic, it's the perfect time to use Amazon Smile to support PFLAG.

Our Vision

PFLAG envisions a world where diversity is celebrated and all people are respected, valued, and affirmed inclusive of their sexual orientation, gender identity, and gender expression.

Our Mission

By meeting people where they are and collaborating with others, PFLAG realizes its vision through: Support for families, allies and people who are LGBTQ; Education for ourselves and others about the unique issues and challenges facing people who are LGBTQ; Advocacy in our communities to change attitudes and create policies and laws that achieve full equality for people who are LGBTQ.

Officers

President: Tiffany Gonzalez, tgonzalez@pflag.com

Vice President: Sherry Cohen-Richards, scohenrichards@pflag.com

Secretary: Nadia Kean-Ayub, nkean-ayub@pflag.com

Treasurer: Nancy Colbert, ncolbert@pflag.com

The newsletter editor is Louise Julig, ljulig@pflag.com



Our mailing address is

PFLAG San Diego County
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San Diego, CA 92138-2762

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