



ISSUE VOLUME

11 17

NOVEMBER 2010
www.pflag.com
info@pflag.com



Stephen and Cyndi Lauper



Stephen at AIDS Walk



Turning Point

HAPPY
THANKSGIVING



Wishing You and
Your Family a
Happy & Healthy
Thanksgiving

Please join us at our General Meeting on Monday, **November 22** at 7:00 pm at the First United Methodist Church, 2231 Camino del Rio South in Mission Valley. Our speaker is our very own Stephen White, clinical psychologist. Stephen has been a member of PFLAG for the past 10 years and served as co-President from 2008-2009. He has been a busy bee. After receiving his Psy. D., he married, had a child, continued publishing, is currently a Clinical Psychologist at Scripps Health, Assistant Program Director of Turning Point Crisis Center at Community Research Foundation, and in private practice (see page 8). Stephen was also featured in our documentary, *Holding Families Together*.

Many of us in PFLAG met Stephen when he was completing his doctoral dissertation, *Making the Rainbow Connection*, which identifies which experiences and perspectives help those parents who feel they need help managing the stress of being parents of a gay child. A compliment to his dissertation, Stephen is the author of *The Rainbow Connection*, a book to help parents of gay children adjust.

Stephen will be discussing how family dynamics affect the adjustment process for parents, children, and siblings.

After the presentation, we will have our cookie social, followed by support groups.

TRANSGENDER DAY OF REMEMBRANCE

November 20 is San Diego's 7th Annual Transgender Day of Remembrance. Starting at 6:00 pm, there will be a solemn march starting at The Center, 3909 Centre Street in Hillcrest. The march will be followed by a program in The Center's auditorium.

The Transgender Day of Remembrance was set aside to memorialize those who were killed due to anti-transgender hatred or prejudice. The event is held in November to honor Rita Hester, whose murder on November 28, 1998, kicked off the "Remembering Our Dead" web project and a San Francisco candlelight vigil in 1999. Rita Hester's murder, like most anti-transgender murder cases, has yet to be solved.



OFFICERS, COMMITTEES & VOLUNTEERS

Current Positions

Co-Presidents

Patti Boman
619-227-6092
pboman@pflag.com

Barbara Bodine
619-587-9101
bbodine@pflag.com

Past President

Karen Thompson
858-842-7005
kthompson@pflag.com

Vice-President

Sherry Cohen-Richards
858-292-7111
scohenrichards@pflag.com

Recording Secretary

Olivia Dorman
619-469-1924
odorman@pflag.com

Corresponding Secretary

Phyllis Van Wanseele
619-443-6132
pvanwanseele@pflag.com

Treasurer

Mark Thompson
619-339-5843
mthompson@pflag.com

Greeter

Lonnie Brunini
lbrunini@pflag.com

Membership

Bobbi Harwood
858-453-3249
bharwood@pflag.com

Info Line

Support/Outreach
Barbara Bodine
888-398-0006

Newsletter

Sherry Cohen-Richards,
Editor
Linda Bessemer, Laura
Partido & Flowers Group
Printing
Jessy Sauchuk, Belladia
Marketing & Design

Library

Terrie Vorono
tvorono@pflag.com

Programs

Karen Thompson

Scholarship

Olivia Dorman

Spanish Interpreter

Maria Cortinas
760-758-3294

Speakers' Bureau

Terrie Vorono
tvorono@pflag.com
858-483-8310

Transgender Coordinator

Evelyn Lindenmuth
619-300-0396

Refreshments

Phyllis Van Wanseele

Website

Robert Sachristan
admin@pflag.com

Board Members

Patti Boman, Barbara
Bodine, Karen Thompson,
Sherry Cohen-Richards,
Olivia Dorman, Phyllis Van
Wanseele, Mark Thompson,
Ron Goetz, Terrie Vorono,
Sandi Timberlake

PFLAG San Diego
PO Box 82762
San Diego, CA 92138
Tax ID #33-0512868



Membership Application

- New Renewal Change of Address
 Please contact me for volunteer opportunities

Confidentiality is respected. Your donation is tax deductible (Tax ID 33-05-12868)

Make checks payable to:

PFLAG San Diego,
PO Box 82762,
San Diego, CA 92138

Type of Membership

- Individual \$25 Household \$35
 Business \$40 Supporting \$50
 Contributing \$100 Lifetime \$1000
 Other \$ _____
 Accept my donation, please do not list.

Please fill out, clip and mail this form

Name

Address

City

State.....ZIP

Email.....

Phone.....Date



or go online www.pflag.com

Membership forms available at www.pflag.com



GET YOUR PRIDE GEAR

Visit our online store & show your support, purchase from PFLAG.

<http://www.cafepress.com/pflagdsd>



Robert Sachristan **CreativeWorks**
Graphic Design
619 630 - 0498

Current Events

November 13

Saturday

San Diego Democratic Club Annual Freedom Awards Celebration

Tix : \$75.00

Keynote Speaker:

Joel Burns (see article)

More info:

www.sddemoclub.org

November 15

Monday

Mi Familia Support Group

November 20

Saturday

Transgender Day of Remembrance (see article)

November 22

Monday

San Diego PFLAG General Meeting

November 22

Monday

Deadline for ordering Mama's Kitchen pies

November 28

Sunday

PFLAG Support Group North County Coastal

November 28

Sunday

PFLAG Support Group South Bay

December 1

Wednesday

Tree of Life ceremony to commemorate World AIDS Day (see article)

December 2

Thursday

Fundraiser for Bishop Christopher (see article)

December 4

Saturday

Unite to Make it Right Rally (see article)

December 6

Monday

Mi Familia Support Group

December 11 & 12

Saturday/Sunday

San Diego Gay Men's Chorus Concert (see article)

December 13

Monday

PFLAG Support Group East County

December 13

Monday

Mi Familia Support Group

Mission Statement

PFLAG promotes the health and well-being of gay, lesbian, bisexual and transgender persons, their families and friends through Support, to cope with an adverse society; Education, to enlighten an ill-informed public; and Advocacy, to end discrimination and to secure equal civil rights.

PFLAG provides opportunity for dialogue about sexual orientation and acts to create a society that is healthy and respectful of human diversity.

SUPPORT GROUPS

NORTH COUNTY COASTAL

Meets every fourth Sunday, at 2:00 pm, Pilgrim United Church of Christ, Pilgrim Hall, 2020 Chestnut, Carlsbad.

Contact Larry Gerling, (760) 224-2178.

NORTH COUNTY INLAND

They are looking for a new home to meet. Support Group meetings have been suspended temporarily. For additional information, please contact Sue below.

Contact Sue Fine, (858) 673-4560 or pflag4sdnocity@san.rr.com.

EAST COUNTY

Meets every second Monday, at 7:00 pm, Summit Unitarian Universalist Church, 8778 Cottonwood Avenue, Santee.

Contact Ron Goetz, (619) 588-2342 or whytestonne@hotmail.com.

MI FAMILIA (Spanish)

Meetings are every Monday from 6:00pm - 8:00 pm at The Center.

Contact Carolina, (619) 692-2077 Ext. 116.

TRANSGENDER SUPPORT

For more information on the Transgender Support Group

Contact Kathe Dunn, ftm_mom@yahoo.com.

SOUTH BAY

Meets every fourth Sunday, at 1:00 pm, Unitarian Universalists of the South Bay, 970 Broadway, Chula Vista

Contact Martha Cardenas, (619) 947-4612 or mar@FirstUUSanDiego.org

**National PFLAG, Washington, DC
(202) 647-8180, www.pflag.org**

CALLING ALL VOLUNTEERS!!!

We would like to provide PFLAG members the opportunity to participate in more of our activities. A number of members have indicated they would welcome being contacted for volunteer events. There are times when we need people to staff a table at an event, speak on a panel, participate in a rally, be part of an AIDS Walk team, provide support at a city council meeting, assist with a project, etc.

In order for us to reach these people, we would like to develop a "PFLAG Volunteer Email List." When the need arises, a Board member would then send an email to the list with the date, time, place and type of event. If this is something that interests you, you would contact the sender.

We have the beginnings of a list from those who indicated on their membership application that they'd like to be contacted for volunteer opportunities. If we can add you to our "PFLAG Volunteer Email List," please contact Bobbi Harwood at bharwood@pflag.com or 858-453-3249.

What's Happening!

Tree of Life

Please join Mama's Kitchen at Village Hillcrest on Wednesday, **December 1** for the 19th Annual Tree of Life Ceremony, held each year on World AIDS Day, commemorating those affected by AIDS. It will take place from 6:00-7:30 pm at the Village Hillcrest Retail Center, 3965 Fifth Avenue in Hillcrest. Ornaments may be purchased for \$15 (one) or \$25 (two).

Mama's Kitchen will be joined by local elected and government officials and hundreds of San Diegans. Holiday music will be graciously provided by San Diego Gay Men's Chorus.

At the event, there will be a Food Drive for Mama's Pantry. Please bring canned

goods to donate to the Pantry Barrels. Mama's Pantry provides monthly food for individuals with HIV/AIDS.



As a special offer for friends of Mamas, some neighborhood restaurants will be donating 25% or more of the proceeds from the evening of **December 1** to Mama's Kitchen if you present the coupon available on their web site: www.mamaskitchen.org. The restaurants include: Baja Betty's, Urban Mo's, Gossip Grill, Kous Kous, Martinis Above Fourth, and Pizza Nova.

Unite to Make it Right

LGBT and civil rights activists throughout the state of California are organizing a rally and march for Saturday, **December 4**. The major rally for equality will take place in San Francisco where two days later the United States Court of Appeals for the Ninth Circuit will take up the Prop 8 issue. HOWEVER, we do not have the details yet for the rally in San Diego (December 4 also); we just know there is one. For details and information, check www.samealliance.com. They are one of the co-sponsors. For details concerning the San Francisco rally, check www.unitetomakeitright.com, the major sponsor.

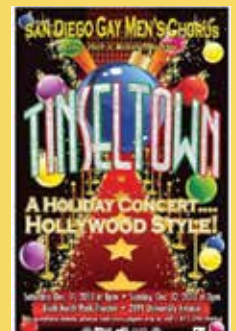
While the focus of the march and rally is for those who attend to reaffirm their support for same-sex marriage, there will be supporters of civil rights across the board that will also participate.

Background: In August, Federal Judge Vaughn Walker found California's Prop 8 unconstitutional. The right to appeal by Yes on 8 supporters will be a primary consideration when the court convenes. The answer to the question of who has a right to appeal could 'make or break' the case since the State of California also rejects the legality of Prop 8.

Tinseltown

Lights...Camera...Reindeer! There's no place like Hollywood for the holidays! The San Diego Gay Men's Chorus will be presenting Tinseltown, A Holiday Concert ...Hollywood Style. The shows are Saturday, **December 11** at 8:00 pm and Sunday, **December 12** at 3:00 pm at the Birch North Park Theatre, 2891 University Avenue in San Diego. You are invited to celebrate the season with all the festive glitter and tinsel you've come to

expect from the naughty and nice boys of SDGMC. They are expecting to sell out; get your tickets soon at www.sdgmc.org or call 877-296-7664. For Saturday's performance, tickets range from \$25.00-40.00 and Sunday from \$21.00-35.00.



THE RISE AND FALL OF DADT

October 12, there was a victory for the Log Cabin Republicans (not to mention the LGBT community and allies) in *Log Cabin Republicans v. United States*. U.S. District Court Judge Virginia Phillips struck down the “Don’t Ask, Don’t Tell” military policy, issuing an injunction to ban the policy. The Department of Justice responded with an appeal and a request for a stay of the ruling (stay meaning the judge’s ruling can’t be enforced), a request which was denied by Judge Phillips.

On October 19, military recruiters were told by the Department of Justice they could accept openly gay applicants. The glorious day of October 19 was followed by another glorious day of October 20 for those wanting to serve their country via the military. And then it was over. The Ninth Circuit Court of Appeals granted the stay that Judge Phillips wouldn’t. The appeals will go on until there is victory in getting rid of DADT or Congress comes to their senses.

In the 17 years since DADT became policy, almost 14,000 service members

have been discharged. Thankfully, there is a small silver lining in all the recent events. Until further notice, pursuant to a memorandum from Defense Secretary Robert Gates and a follow-up memorandum from Undersecretary of Defense for Personnel and Readiness Clifford Stanley issued on October 21, no service member can be discharged under DADT without the “personal approval of the secretary of the military department concerned, and only in coordination with me and the General Counsel of the Department of Defense.” Considering how many service members were discharged because they were outed, this memorandum is welcomed.



THE EVIL PEOPLE WON'T GO AWAY

Unfortunately, there will always be Clint McCances in this world. But that he was the Vice President of a school board (Arkansas) makes his Facebook postings even more disgusting. He referred to gay people as “fags” and “queers” and said he was happy when gay people died of AIDS, and that he would only wear purple if all gay people committed suicide. This is only the tip of the iceberg of what he said. Most of the details are being spared. McCance even promised to disown

his own children if they are gay, but the fact that they were raised as Christians, that could never happen.

Hate mail, email and condemnation from education officials in Arkansas and other states poured in. He was threatened enough that he sent his wife and children out of state and installed a security system. He admitted on Anderson Cooper’s interview (CNN) that he did reap what he sowed. Anderson Cooper did not let him off the hook. When he asked McCance

if he would resign from the school board, he said he would but added that he wouldn’t mind running for the school board down the road. What chutzpah.

Another very sad part is, his apology, when interviewed, was meaningless. He basically said he chose the wrong words to say what he did. In reality, his thoughts and feelings were still the same, but he didn’t express them “appropriately.”

IT GETS BETTER FOR ORAL ROBERTS’ GRANDSON, TOO

Randy Robert Potts, the grandson of anti-gay televangelist Oral Roberts has a message for “my people — homosexuals.” It gets better. Randy wrote in a column in *The Washington Post*, along with a video, that his grandfather “and most of his generation” describe gay people “as an abomination.” In the video, Potts talks about his uncle, Ronald David Roberts (Oral Roberts’ son). Ronald came out to his father in high school. According to Potts, Oral Roberts “did not want a gay son,” and when Ronald was in his 30s, six months after getting a divorce, he shot and killed himself. Potts says that his mother, like her father (Oral Roberts), does not want a gay son. At his grandfather’s funeral just last year, Potts says his mother told Randy that “hell does exist, and I’m going there.”

In the years since coming out, Potts says he’s lived in fear of losing his children because he’s gay. He says he even considered suicide, but with help and time, it got better.

WELL DONE, JOHN



We were very pleased to have received the following letter from John Alaniz. He received the Mary Wagner Memorial Scholarship. This scholarship was a perfect fit for John since Mary was an educator also.

“Hello! I was one of the scholarship recipients from this year and I wanted to touch base with PFLAG. Again, I really appreciated the opportunity to work with a faculty member on some important research issues. The scholarship was much appreciated. In case anybody at the org was

Continued on Page 7

BISHOP CHRISTOPHER RETURNS TO SAN DIEGO

Bishop Christopher Senyonjo, often referred to as the Desmond Tutu of Uganda, is an outspoken advocate for human rights. Although there is still much discrimination against the LGBT community in the U.S., thanks to religious-based homophobia (morally and financially backed by Christians in places like San Diego County), being gay in Uganda could mean a death sentence. About a year ago, American leaders in the “Ex-Gay Movement” tried unsuccessfully to authorize a law (through

the Ugandan government) that would have imposed the death penalty for some homosexual acts and life in prison for others. HIV and AIDS services to the LGBT community are directly forbidden by the Ugandan Government. Because of the international uproar, the bill was quietly shelved. The question is: for how long?

In mid-October, the front-page newspaper story featured a list of Uganda’s 100 “top” homosexuals, with a bright yellow banner across it that read: “Hang Them.” Alongside their photos were the men’s names and addresses. In the days since it was



published, at least four gay Ugandans on the list have been attacked and many others are in hiding. Unfortunately, time is not on men’s side. The article also called for Bishop Senyonjo’s hanging.

A HERO IN TEXAS

Fort Worth City Councilmember, Joel Burns, gave a moving and emotional speech at the City Council Meeting (much like San Diego’s Council Meetings, the public attends). Mr. Burns was personally affected by the recent suicides by gay or perceived to be gay teens. His being harassed started at age 13 by older teens who called him the “usual”

degrading names and beat him up. He also attempted suicide. In his speech, he urged at risk gay teens to resist suicide in the face of constant bullying. He told them, “Give yourself a chance to see how much life will get better. The reality of it is, it gets better in ways you can never fathom as a 13- or 14-year-old. Times are dark, and you’re either being harassed or bullied inside the school or outside the school. You have a household that may not accept you; there may be any kind of abuse around it. I have often thought, wouldn’t it be wonderful if I could go back to the me that existed as a teenager that really didn’t think that the future was all that bright at times, and show him just the amazing, wonderful



things that have happened in the course of my adult life?” This includes his 17 year married to his husband, J.D. Angle.

You can see Mr. Burns’ entire 12 minute speech at: <http://www.youtube.com/watch?v=ax96cghOnY4>.

Better yet, you can meet him in person. *See Current Events (November 13)*

Luan D. Andrews, M.A.

MARRIAGE AND FAMILY THERAPIST
MFC 19321

3252 HOLIDAY COURT • SUITE 106 • LA JOLLA, CALIFORNIA 92037-1807
(858) 552-8181 FAX (858) 552-0205

DON'T FORGET MAMA

We hope you will support Mama's Kitchen's Pie in the Sky fundraiser. You can purchase pies until **November 22**. See the form for pie choices. You can mail the form to Mama's Kitchen, 1875 Second Avenue, San Diego, CA 92101, order online, www.mamaspies.org, or fax to 619-233-6283.

Check online or call 619-233-6262 for the convenient location for you to pick up the pies on **November 24** (the day before Thanksgiving). Remember that out of the \$20 per pie cost, \$15 is tax-deductible.



ORDER YOUR PIE TODAY!



1 Name _____ Contact Phone _____
Address _____ City _____ State _____ Zip _____
Email _____ Sales Person/Team Name _____

2 Please put the number of each kind of pie you would like in the boxes provided. \$20 each.
Apple Pie(s) Pecan Pie(s) Pumpkin Pie(s) Sugar-Free Apple Pie(s)

3 Payment Cash Check (Payable to Mama's Kitchen) Credit Card
 Pie(s) x \$20 each = \$ _____ MasterCard Visa AmEx Discover

Card Number _____ Exp. Date _____ Signature _____
No pie for me, but I would like to make a fully deductible contribution in the amounts of \$ _____

4 Pickup Location
I would like to pick up my Pie(s) at Site

Please write the Pickup site name here _____


Nourishing the Heart, One Meal at a Time.

Mama's Kitchen is San Diego's only free, county-wide, home-delivered meals program for individuals and families affected by HIV/AIDS or cancer.

judy Briggs

ARTIST

Portraits Pets Landscapes Abstracts

858 210 2555
j@masqueradecrafts.com

**LOOK LIKE
A BIG FISH**

Competition is fierce.
It's time to get aggressive.



Call for a Free Consult
858.220.7478
belladiadesign.com

7

WELL DONE.. Continued from page 6

interested in my work, I posted a sample lecture/podcast on my academic website for them. <http://sdcc3.ucsd.edu/~ralaniz/>

The genetics, society, and sexuality/race work yielded some interesting findings. Students were blown away by the use of gender authentication tests and the formation of transgender identities.

I hope all is well and please also forward this email to anybody else you think might be interested in the work of the scholarship recipients!

John Alaniz

President, Graduate Student Association of UCSD

<http://sciencestudies.ucsd.edu/Grad%20Students/Alaniz.html>

TIME TO RENEW YOUR PFLAG MEMBERSHIP

It's hard to believe that 2011 is almost here. And that means PFLAG memberships are due once again. To all of you, thank you for being part of our continuing effort to provide support, education, and advocacy on behalf of the lesbian, gay, bisexual, transgender community and their families. Thank you for allowing us to continue to provide monthly meetings, speakers, support groups, a help line, newsletters, educational brochures, etc. Your membership also enables us to strengthen our presence in the community and to have our voices heard. Membership in San Diego PFLAG helps support National PFLAG; we send \$15 of each membership to National. As mentioned in last month's newsletter, our dues are increasing slightly.

If you renew (or join) from now until the end of December, 2010, you pay the current membership dues and your membership will be valid through December, 2011. Now is a good time, also, to encourage those who attend meetings/satellite groups and have not become members, to do so.

Please complete the membership application and mail it or give it to us at the general meeting.

We especially want to thank those who have joined as Lifetime Members. We encourage others to do the same. Additional donations are always appreciated.

 **Show your support.
Buy ad space!**

WITH THANKS

Contributing Membership
Lindy & Rick Miles

Supporting Membership
Nancy & Tom Rosenberger

**Providing Refreshments
for our Meeting**
Olivia Dorman
Phyllis Van Wanseele

SOME TEA PARTY WISDOM

Jim DeMint is a senator from South Carolina who was up for re-election this year and won. He is in the spotlight lately for endorsing and raising money for Tea Party candidates. In 2004, and again last month at a church rally, he said that gays and unwed mothers should be banned from teaching. He did not weigh in on whether unwed men should be allowed to teach. Liberty and justice for all?

Ψ

Psychotherapy for Gay, Lesbian, Bisexual and Transgender Children...

Coming out • School safety • Self-Acceptance
Self-Esteem • Parent-Child Communications • Siblings

... and their Parents

Crisis Counseling • Religious Issues • Telling Friends & Family
Safety Concerns • Grief & Loss • Depression n Anxiety

All Services are Completely Confidential

Stephen White, Psy.D.

Clinical Psychologist PSY 20739

16496 Bernardo Center Drive, Suite 307 San Diego CA 92128

(619) 922-1579

swhite@the-rainbow-connection.org

Ψ